

MEET ROCHELLE BILOW!



Former Finger Lakes Food Ambassador and French Culinary Institute alumni Rochelle Bilow is coming to Corning – she wants to share her culinary secrets with you, while raising money for your local hospice, CareFirst!

Currently a social media writer for *Cooking Light* magazine, Bilow was previously the senior associate web editor for *Bon Appetit* magazine, as well as making several guest appearances on The Food Network!

In her younger years, Bilow worked at Greyrock Farm in Cazenovia, which became the setting for her first novel, *The Call of the Farm*, published in 2014.

In addition, Rochelle is a devoted yogi and yoga teacher. She also has an affinity for corgis.

Her aim is to make seasonal, nourishing food accessible to all – through recipes, stories, demonstrations, and the simple art of conversation.

Learn more about her at Rochelle-bilow.com, or connect with her on Instagram at [@RochelleBilow](https://www.instagram.com/RochelleBilow).