



# 25 WAYS YOU CAN HELP CAREFIRST

1. Volunteer - with families, in our office, at events- we have a job for you!
2. Host a fundraiser
3. Share your story
4. Sign up for our E-Newsletter: email [Development@carefirstny.org](mailto:Development@carefirstny.org)
5. Attend a grief services event
6. Make "Busy Blankets" for dementia patients
7. Donate in your loved one's memory
8. Thank your doctor for referring your family to CareFirst
9. Sell geraniums in our spring fundraiser, Petal Pushers
10. Buy geraniums from our Petal Pushers sale
11. Follow CareFirst on Instagram
12. Like us on Facebook
13. Share CareFirst Events on social media
14. Designate CareFirst in your estate plan
15. Make a care package for caregivers
16. Ask your employer if they have a matching gift program
17. Collect Beanie Babies for grieving children
18. Refer a friend to CareFirst
19. Share your beach house or lakefront property for a week or weekend
20. Ask your employer to sponsor an event for CareFirst
21. Designate your Amazon Smile account to benefit CareFirst
22. Invite CareFirst to speak at your service club or social group
23. Make a quilt, paint a portrait, or share another special talent
24. Register for a CareFirst event
25. Give a testimonial

NO ACT OF KINDNESS IS EVER TOO SMALL  
CALL 962.3100 OR STOP BY OUR OFFICE TODAY TO LEARN MORE!